

# **AAPTLE Wellbeing Group Survey**



In 2019 you told us your views in our first UK backstage mental health evaluation.

A lot has happened since then.

Please participate in this follow up survey evaluation.

The AAPTLE Wellbeing Group will take all of the information gained and start to work on guidance to advise our industry on mental health and wellbeing as it starts to reopen.

You can fill out the survey here:

www.tinyurl.com/AAPTLE-Mental-Health-Eval

## News

**Graduate Events** 



The GSA graduating class of 2021 are completing their showcase online this year.

Check out the awesome graduates <a href="here">here</a>.

If you have a showcase or graduate event coming up, email us and we'll share it with our

## **Seminars**



This year has been full of seminars and online learning. We're excited to say that members have been joining us in ever growing numbers for a wide range of subjects and from all over the world!

We're adding more videos every week to our online archive, but if you've got an idea for a new session, or would like to give feedback on a session you've attended, please <a href="mailto:drop">drop</a>
<a href="mailto:us a line">us a line</a>, we'd love to hear from you.

## Best of the Web



Shure have announced the addition of software networking capabilities to SLX-D later this summer, find out what Pro Sound Network think <a href="here">here</a>.

Also check out <u>this article</u> about Axient at Eurovision. (If Eurovision is your thing, don't miss <u>this</u>)

#### **Sisters with Transistors**

# SISTERS WITH TRANSISTORS

Sisters with Transistors is a new documentary investigating the role of women in the development of electronic music from the 1920s onwards. UK watching options are listed <a href="here">here</a> with worldwide options <a href="here">here</a>, or listen to the Sound on Sound <a href="podcast">podcast</a> with

#### **Theatre Stories**



Theatre stories is a great new project to amplify the unheard voices of theatre. Listen <a href="here">here</a>, or find out more about the project and how to participate <a href="here">here</a>.

#### **Mono Box**





The <u>Mono Box</u> is a great resource, aimed more at performers, it is full of hints and tips. We loved the <u>monologue library</u>, some really excellent performances from fantastic actors, including the amazing Adjoa Andoh. They are also hosting a wellbeing seminar called 'Trusting your Gut' on July 7th. Find out more <u>here</u>.

# **Interesting Reading**

On 25 May 2021, Freelancers Make Theatre Work attended the All Party Parliamentary Group for Music Education, chaired by Lord Guy Black. Read all about what happened <a href="here">here</a>.

Did you know that the setting of Concert A at 440 Hz wasn't established until 1939? Listen to podcast #384 from *99 Percent Invisible* or read the article <a href="here.">here.</a>

One from the Facebook page, (Thank you Theo!) <u>Here</u> is 5 operator algorithm built with MetaSounds with some procedural melody and ambient delay added in for fun and style!

Ever thought of hosting a listening party? Find out what Sound On Sound magazine think about them <a href="here">here</a>.

BBC will broadcast a director's cut of this year's Glastonbury alongside a 'Behind the Scenes' feature hosted by Jo Whiley. Check out the website <a href="here">here</a> for more information.

# **ASD Benefits**

#### **Financial Advice from ASD Benefits**



Lighthouse Financial Advice Ltd (Lighthouse) are offering all members of ASD a complimentary initial consultation with one of their professional financial advisers\*.

Following the initial consultation, if you wish to appoint Lighthouse Financial Advice as your financial adviser we will explain and agree any charges with you before undertaking any work on your behalf.

Log into the ASD Benefits site via your ASD membership login and find out more.

\*Terms and conditions apply. See website for details. Offers subject to change without notice. Lighthouse Financial Advice Limited is an appointed representative of Lighthouse Advisory Services Limited which is authorised and regulated by the Financial Conduct Authority. Lighthouse Financial Advice Limited and Lighthouse Advisory Services Limited are wholly-owned subsidiaries of Lighthouse Group plc, which is part of the Quilter Group of companies. Registered address: 26 Throgmorton Street, London EC2N 2AN. Registered in England No. 4795080. For details of how we use your personal information please read our privacy policy at www.lighthousegroup.plc.uk/privacy-policy ASD Benefits is managed and run on behalf of ASD by Parliament Hill Ltd.



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